

BOOKING FORM: AUTISTIC SPECTRUM AWARENESS

£145.00 per person paid in advance.
Cheques payable to **Oncourse Training Team**.
Save 10% for bookings of 4 or more. Fees include refreshments and lunch.

Group applications **must** arrive in a single envelope with completed information for each participant on separate forms, (photo-copy this form). One form per person.
You can also email or telephone your booking to us.

Your confirmation letter will include details of venue and directions. Those making a group booking will be provided details individually. Please bring confirmation to event.

Certificate of Attendance will be issued at the end of the workshop.

Please Indicate Preferred Venue

Bristol	Tues, 9th Feb 2010	<input type="checkbox"/>
Swansea	Mon, 22nd March 2010	<input type="checkbox"/>
London	Tues, 20th April 2010	<input type="checkbox"/>
Sheffield	Thurs, 29th April 2010	<input type="checkbox"/>
Newcastle	Fri, 30th April 2010	<input type="checkbox"/>
Chester	Mon, 17th May 2010	<input type="checkbox"/>
Leeds	Tues, 18th May 2010	<input type="checkbox"/>
Milton Keynes	Thurs, 10th June 2010	<input type="checkbox"/>
Reading	Fri, 11th June 2010	<input type="checkbox"/>
Exeter	Thurs, 24th June 2010	<input type="checkbox"/>
Plymouth	Tues, 13th July 2010	<input type="checkbox"/>

Name: _____

Address: _____

Postcode: _____

Daytime Tel no: _____ Profession: _____

Email: _____ Employer: _____

- I enclose a cheque for **£145**.
- I enclose an official invoice request from my employer for

Discounts for Voluntary and Charity Organisations & Block Bookings

Contact: ONCOURSE TRAINING TEAM

5, Midsummer Walk, Hempsted, Gloucester. GL2 5EF

TEL. 01452 507164 / 01452 522882 / 07599 011393.

Email: lynda@oncoursetrainingteam.co.uk

or sarah@oncoursetrainingteam.co.uk

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Oncourse Training Team

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..... **Targeting Health and Social Care**

Courses for Personal and Professional Development

At a Venue Near You

1-day Workshop Autistic Spectrum Awareness

This one day course is designed to give a greater understanding of the Autistic Spectrum and is aimed at care professionals involved with children or adults within Mental Health, Education, Community Projects, Fostering and Adoption Organisations, Care Homes, Day Centres and those living or working with someone who may fall within the Autistic Spectrum. This course is therefore ideal for Teachers, SENCO, Social Workers, Psychotherapists, Occupational Therapists, Support Workers, Care Assistants, Youth Workers, Criminal Justice Workers and Parent/Carers etc.,

What is it?.....What are we going to do about it?

Autism is a Spectrum Disorder affecting people at different levels of Cognitive Functioning, with three distinct levels of impairment. It is important that anyone involved in either a professional or personal capacity with Autistic Spectrum Disorder (ASD) sufferers, understand and have access to 'practical solutions'.

Autistic Spectrum Awareness Training Workshop 9.30am-4.00pm

This one day intensive workshop provides an opportunity to take an in-depth look at 'What is Autism' and gain some essential tools, strategies and practical solutions to address the way forward.

This Workshop is an interactive, informal, fun day. It is delivered by our trainer Sarah who is a published author and a practitioner in the field. Sarah tackles this serious subject in a light hearted, easily digestible way.

The day is suitable for those working with either children or adults and both groups benefit from insight from fellow participants sharing experiences of different and similar age ranges.

This workshop covers the whole of the Spectrum,

AIMS;

- To Extend Knowledge of the Autistic Spectrum and its characteristics.
- To consider 'challenging behaviour' in those with an Autistic Spectrum Disorder (ASD).
- To outline appropriate strategies for support.

Objectives;

- To have an increased understanding of the perspectives of individuals who have ASD.
- To have an increased knowledge of general support approaches for individuals with ASD.

Oncourse Training Team run a wide range of specialist Health and Social Care courses Nationwide;

We are passionate about bringing essential training to the areas of most need. We are committed to raising awareness and ensuring a multidisciplinary, multi-agency working relationship by endeavouring to bring together professionals from a variety of agency backgrounds in order that they might share in our quality learning experiences.

However, we are also able to offer the majority of our workshops as an In-House service where organisations have large numbers of staff requiring training. To find out more please contact us (details on page 4).

**Whatever theoretical framework,
the PROFESSIONAL delivering the intervention,
is KEY to its EFFECTIVENESS**

The Trainer

Sarah speaks Asperger as a second language' Tony Attwood, foreword from 'Asperger Syndrome - A Love Story' (Jessica Kingsley Publishers, 2007).

Sarah has extensive knowledge of Asperger Syndrome, autism and neuro-diversity from both a professional and personal experience. She is the Training Manager for the Aspire project, an adult Asperger Syndrome mentoring and training project based in Brighton and Hove. Sarah is a trainer and consultant in Asperger Syndrome, Autism and Dyslexia. She is a qualified Further Education teacher with several years experience supporting students with dyslexia. Sarah is also an experienced trainer for professionals, on how to support those within the Autistic Spectrum Disorder. She recently successfully completed a Postgraduate Certificate in Asperger Syndrome and is now studying towards an M.A. in Autism.

Sarah is a writer, editor and a published co-author of:

- 'Asperger Syndrome - A Love Story' (Jessica Kingsley Publishers, 2007) written with Keith Newton
- 'Love, Sex and Relationships - What People with Asperger Syndrome Really, Really Want' (Jessica Kingsley Publishers, 2008)
- 'Asperger Syndrome and Alcohol - Drinking to Cope?' (Jessica Kingsley Publishers, 2008) written with Matt Tinsley
- 'Asperger Syndrome and Employment – What People With Asperger Syndrome Really Really Want' (Jessica Kingsley Publishers, November 2008)
- Sarah's next writing project is: The Adult and Adolescent Neuro-diversity Handbook - a guide to a range of conditions, including Asperger Syndrome, dyslexia, dyspraxia, ADHD and more, and how they affect young people and adults. This book is due for publication in 2009
- Sarah also wrote a Vegetarian Cookery book in 1994 (under a previous name of Sanderson)

Conference Presentations:

Conference on Autism, a multidimensional approach - research and practice. Herning (Denmark). Sarah will be presenting a paper on Asperger Syndrome and Alcoholism.

Asperger Syndrome in Adults - Beyond Diagnosis. A National Cross Sector Conference on Policy and Integrated Service Development presented by the Royal College of Psychiatrists in partnership with The Retreat, York. Sarah will be presenting an experiential exercise giving an inside perspective of life with Asperger Syndrome.